



Co-Curricular Activities In Broadrick Secondary School



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Nurturing Broadricians to be future-ready learners with Strength of Character

Co-Curricular Activities (CCAs Overview)



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Aims & Objectives of CCA

- Develop Character – emphasising the importance of teamwork, discipline and commitment to excellence.
- Instill Core Values – respect for others, honesty and integrity.
- Imbue in members – an entrepreneurial spirit, a risk taking attitude and a joy of experiencing a new
- Provide an avenue for students to learn and hone new skills and provide opportunities for the pursuit of excellence.



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Benefits of CCAs

Is your child starting school for the first time next week? In a new series, The Straits Times shows you five things you can do to make his or her transition a smooth one.

PREPARING FOR SCHOOL

Enrolling kids in sports, CCAs could help improve studies

By SANDRA DAVIE
Straits Education Correspondent

MOST parents think co-curricular activities (CCAs), especially sports, are a waste of time and an unnecessary distraction for their children. But parents should pay heed to research showing that children involved in sports tend to do better in their studies. It is well documented that regular physical activity in childhood and adolescence assists in socialisation, school engagement, psycho-social development and academic motivation.

that CCAs enhance educational outcomes up to a point, especially if sustained over time. It is not the CCA participation per se that enhances educational outcomes. It is the fact that the activity provides skills, strengths, networks and support, plus social and personal rewards. This has the effect of in-

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Itself. When challenges are met, the child's confidence soars. What parents can do PARENTS should first consider the child's interests and enrol him in activities that they are sure he will enjoy. If your child is interested in a particular sport, check if



Pupils at Singapore Primary School performing on the diabolo, a traditional Chinese game. Research has found that CCAs enhance educational outcomes up to a point, especially if sustained over time. PHOTO: LEO YONG/ST FOR THE STRAITS TIMES

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News | 新闻

接受红色挑战

一位血，挽救三条命！在新加坡，每小时需要大约14个单位的血液供应，一年需要11万8750个单位，让病人输血救命。然而每年捐血的只有7万多人，占全国居住人口的1.84%。

随 许多病人等待，等待输血。新加坡的血液需求一直在不断上升。数据显示，本地每年平均有6000人需要进行输血。而捐血的青少年却高达五成减少13%，并不断下降。本多原因包括血液供不应求的现状。

大约40名来自私立中学的学生日前到丹戎巴葛一家购物中心，进行这项红色十字会的捐血活动。他们的中心，有的身体力行，有的则负责支持，有的则作志愿者，希望以不同方式帮助血液短缺的现状。

Narmeen Selva（右二）是今年第一次捐血的青少年。在献之前她感到紧张，但她在同学的鼓励下，她成功完成了。捐了第一单位血。

她说：“其实献的过程只是感觉有点紧张，一点都不痛——我的父母因为健康原因无法捐血，但他们的血可以挽救生命。”

从小血液输给病人的人可救命。捐血只是举手之劳，而一个人却能用自己的力量帮助他人。捐血可以让自己健康，也可以为这个社会带来福音。捐血多一分，生命就多一分。

好想快16岁

高一学生林嘉琪（右二）已经参加过两次红色十字会捐血活动。她觉得捐血是一件很有意义的事情，可以帮助到需要帮助的人。今年她刚满16岁，终于可以捐血了。

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合格捐血者条件

合格捐血者需要符合以下几个条件：

- * 年龄在16岁至55岁；年满18岁的青少年捐血者需有监护人同意。
- * 体重至少达到40公斤。
- * 血型不限（O、A、B、AB、Rh+、Rh-）。
- * 健康状况良好（过去一年没有感冒、发烧、流鼻涕或腹泻）。
- * 过去三个月没有纹身。
- * 过去六个月没有去过任何纹身店或纹身。

想了解更多捐血的相关信息，可访问 www.hlt3000.sg。



林嘉琪在捐血站，捐了第一单位血。



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CCA Policy

- Every student must participate in at least **one** CCA throughout the student's 4/5 years in school
- Students must achieve the minimum **75%** attendance requirement
- **CCA Attendance will be included in the computation of the conduct grade.**
- Absence must be accompanied by medical certificate



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CCA Policy

- Students are expected to take part in one of the CCAs from the 4 groups:
- Uniformed Groups
- Physical Sports
- Visual and Performing Arts
- Clubs and Societies



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Co-Curricular Activities

[CCAs Offered in Broadrick]



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Uniformed Groups

- NCC [Land] -Boys
- NPCC – Boys & Girls
- Girl Guides - Girls
- Red Cross – Boys & Girls



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Physical Sports

- Shooting [Air Rifle]
- Taekwondo
- Basketball (Boys)
- Tchouckball (Girls)



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Performing Arts

- Concert Band
- Modern Dance
- English Drama
- Show Choir



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Clubs and Societies

- Infocomm Technology
- Photography Club
- Robotics Club



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CCA Days

- Every Wednesday and Friday
- 2.30pm to 5.30pm
- Mondays will be used one month before competitions. Parents will be informed of these dates.
- For Uniformed Groups, occasional Saturdays will be activated.



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Recognition System for Co-curricular Attainment

LEAPS 2.0

To **recognise** students' **holistic
development**

LEAPS 2.0 is an updated framework that recognises students' holistic development in terms of life skills and values, through co-curricular programmes. Starting from Secondary 1 in 2014, students will be developed through levels of attainment in the following four domains.

LEAPS 2.0 Domains

Leadership

Enrichment

Achievement

Participation

Service

1 PARTICIPATION

This domain recognises students' participation in one school-based Co-Curricular Activity (CCA). Recognition is based on the number of years of participation and exemplary conduct and active contribution to the CCA.

SERVICE

2

This domain recognises students' development as socially responsible citizens who contribute meaningfully to the community through schools' Values-In-Action programmes. Students will be recognised for their time and efforts in the planning, service and reflection process when serving the community.



3 LEADERSHIP

This domain recognises students' leadership development. Recognition is accorded to students' ability to take charge of personal development, work in a team and assume responsibilities in service of others. In addition to formal leadership appointments, students who initiate or lead school-endorsed projects may also be recognised.

4 ACHIEVEMENT

This domain recognises students' representation and accomplishment in co-curricular involvements beyond the classroom. Opportunities for representation and accomplishment present valuable learning experiences for students to learn discipline, resilience and develop their character. Students may represent the school or organisations endorsed by the school.

RECOGNITION OF STUDENTS' ATTAINMENT OF CO-CURRICULAR EXPERIENCE

At the end of the graduating year, students' attainment of co-curricular experience will be recognised according to Excellent/Good/Fair. The level of attainment will be converted to a bonus point(s) which can be used for admission to Junior Colleges/Polytechnics/Institutes of Technical Education.

Intent of LEAPS 2.0

- Motivate students towards holistic and balanced participation through the Co-curricular programmes
- Facilitate the learning of values, skills and competencies for life
- Recognise diverse interest of students; developing students to be self-directed learners
- Recognise the “home-school-community” approach to holistic development of every child.



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Recognition of Students' Level of Attainment

- At the end of the graduating year, students' CCA attainment will be recognised according to **EXCELLENT / GOOD / FAIR.**
- The level of attainment will be converted to a bonus point(s) which can be used for admission to Junior College, Polytechnics and Institutes of Technical Education.



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LEAPS 2.0

A Student-Centric,
Values-Driven
Education

Excellent (2 bonus points)	Student who attains a <u>minimum Level 3 in all four domains with at least a Level 4 in one domain.</u>
Good (1 bonus point)	Student who attains a minimum Level 1 in all four domains with any one of the following: <ul style="list-style-type: none">i. At least Level 2 in three domains;ii. At least Level 2 in one domain and at least Level 3 in another domain; oriii. At least Level 4 in one domain.
Fair	Student's attainment in co-curricular will not translate into any bonus points.

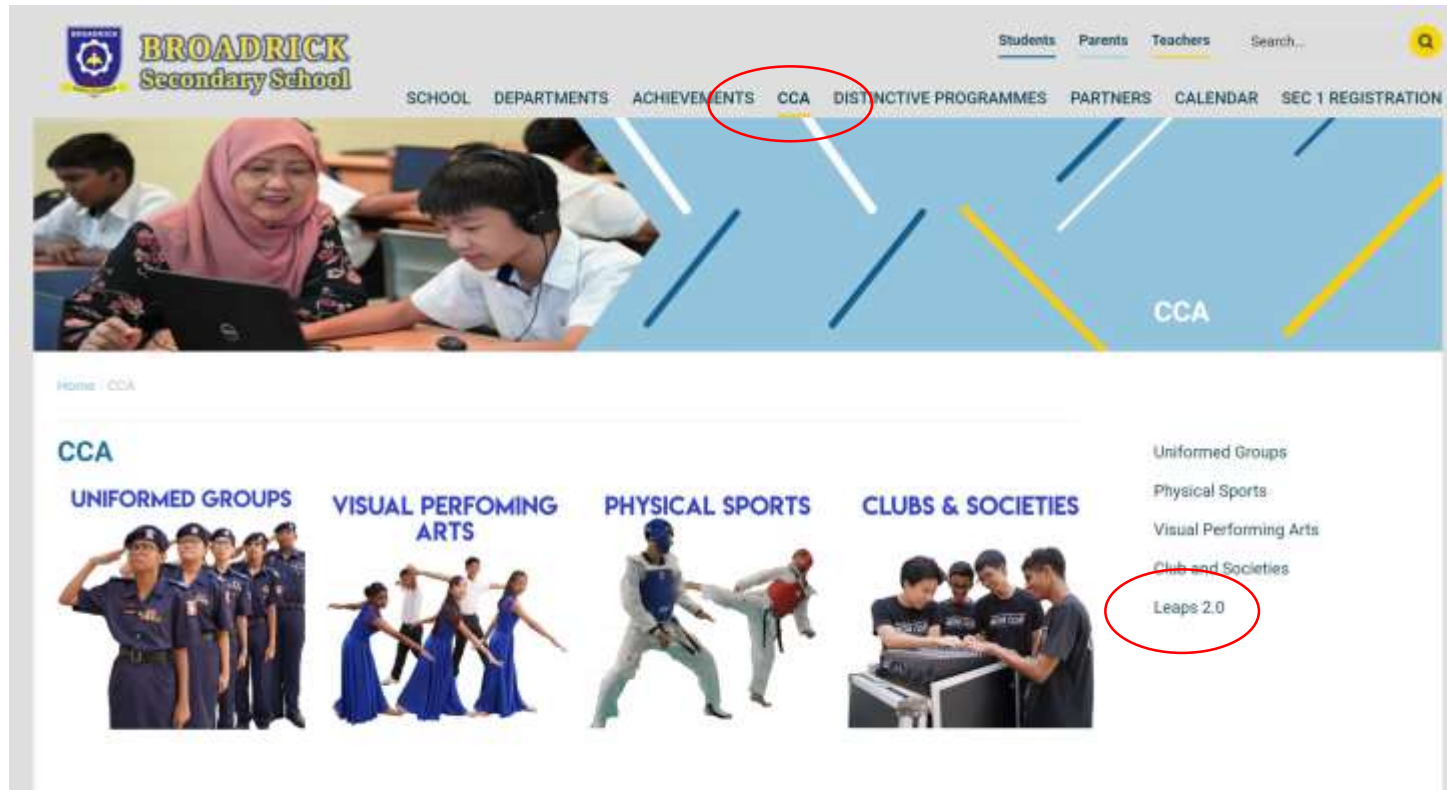


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Need more Information on LEAPS 2.0?

- Visit our school website under CCA → LEAPS 2.0



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Choosing a CCA in Broadrick

- Interest
- Objectives
- Aptitude and Talent
- Membership Quota per CCA



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What can I do as a Parent?

- **Check** on your Child's participation and Well-being in their CCA.
- **Connect** with the teachers of your child's CCA.
- **Applaud** your child's effort in their CCA.



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Supporting the **Holistic Development** of my Child

What kind of person does my child want to be?

How can I reinforce my child's learning of values and life skills in his /her Co-Curricular Programmes?

How does my child want to pursue this development?

What are the possible opportunities that can help support this development?

What is my child interested in?

What is my child good at?

Is my child able to cope?

How can I help to support him/her in the learning pursuits?



Sec 1 CCA Information

T1W2	12 January (Wed)	CCA Experiential Days [3.00pm to 5.30pm]
T1W3	19 January (Wed)	
T1W4	26 January (Wed)	
T1W4	28 January (Fri)	CCA Selection Day (12.30pm to 1.15pm) Venue: Classroom
T1W5	4 February (Fri)	Release of finalised CCA results and Commencement of CCAs for Sec 1



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Feedback



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Thank You



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