



# Co-Curricular Activities In Broadrick Secondary



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# Co-Curricular Activities (CCAs Overview)



## ARTS



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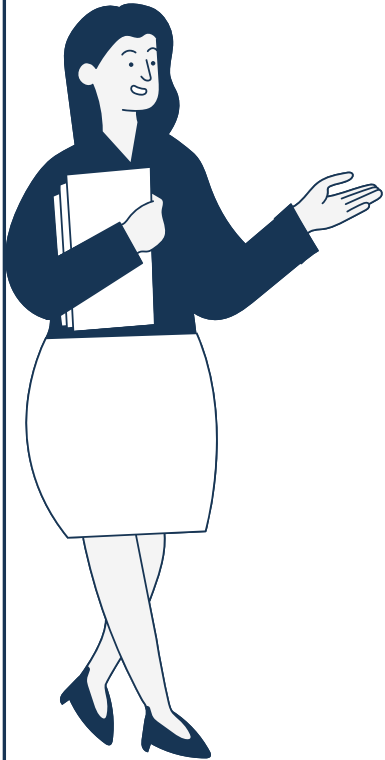
Curriculum

+

Co-Curriculum

=

Total Curriculum



- Curriculum: Academic learning in the classroom
- Co-Curriculum: Experiential learning outside of the classroom
- Four programme domains in the Co-Curriculum are:
  - Co-Curricular Activities (CCA)
  - Values in Action (VIA)
  - Student Leadership Development
  - Enrichment & Lifeskills



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# Purpose of CCA

- Discover interests and talents
- Develop character, values and skills
- Leadership and Teamwork
- Spirit of Service
- Develop friendship and deepen sense of belonging to the school and community



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# Benefits of CCAs

Is your child starting school for the first time next week? In a new series, The Straits Times shows you five things you can do to make his or her transition a smooth one.

## PREPARING FOR SCHOOL

# Enrolling kids in sports, CCAs could help improve studies

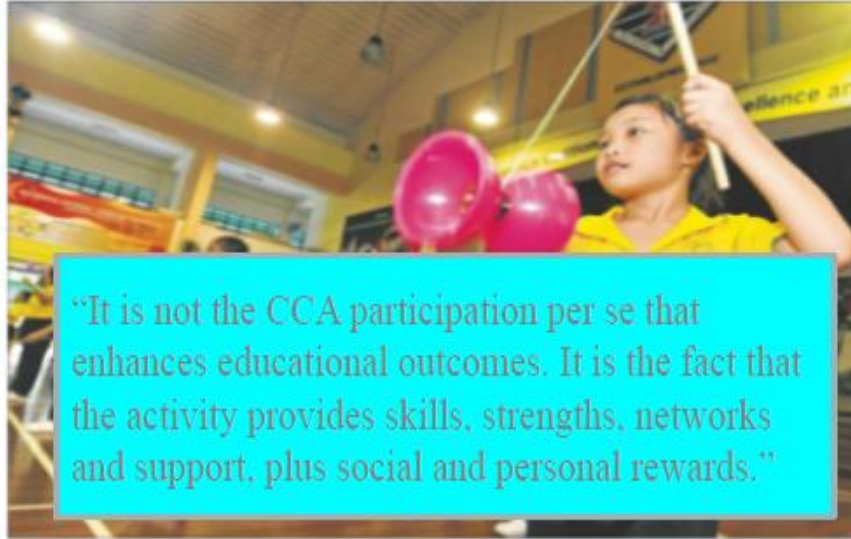


By SANDRA DAVIE  
SENIOR EDUCATION  
CORRESPONDENT

MOST parents think co-curricular activities (CCAs), especially sports, are a waste of time and an unnecessary distraction for their children.

But parents should pay heed to research showing that children involved in sports tend to do better in their studies.

It is well documented that regular physical activity in childhood and adolescence assists in socialisation, school engagement, psycho-social development and academic motivation.



"It is not the CCA participation per se that enhances educational outcomes. It is the fact that the activity provides skills, strengths, networks and support, plus social and personal rewards."

Pupils at Kingman Primary School performing the diabolo, a traditional Chinese game. Research has found that CCAs enhance educational outcomes up to a point, especially if sustained over time. PHOTO: SHI YAOHUA FOR THE STRAITS TIMES

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It is not the CCA participation per se that enhances educational outcomes. It is the fact that the activity provides skills, strengths, networks and support, plus social and personal rewards.

This has the effect of in-

itself. When challenges are met, the child's confidence surges.

What parents can do

PARENTS should first consider the child's interests and enrol him in activities that they are sure he will enjoy.

If your child is interested in a particular sport, check if

报道：林佩群  
图片：新加坡红十字会提供

News | 新闻  
18/04/18

## 接受红色挑战

一包血，能救三条命！在新加坡，每小时需要大约14个单位的血液供应，一年等于需要11万8750个单位，让人输血保命。然而每年捐血的只有7万多人，占全国居住人口的1.84%。

**随**着本地人口老化，医疗需求提高，新加坡的血液需求量只会不断上升。数据显示，本地每年平均有600人因老年疾病无法继续捐血，而捐血的青少年却在过去五年减少13%。若不改变现状，未来可能出现血液供不应求的情况。

大约40名来自独立中学的学生日前到丹戎加东一家购物中心，以行动支持红十字会的捐血活动。他们当中，有的身体力行，有的帮忙引导，有的制作感谢卡，希望以不同方式鼓励更多青少年踊跃捐血。

Najmus Sehar（独立中四）当天第一次尝试捐血。虽然之前担心插针会痛，但是在同学的鼓励下，她成功克服恐惧，捐出了第一包血。

她说：“其实插针的过程只是像被蚂蚁咬一下，一点都不疼……我的父母因为健康问题无法捐血，但他们

从小就灌输我捐血助人的价值观。我相信只要有心，每一个人都能用自己方式帮助他人。既然我现在年轻、健康，就应该在这个时候捐血救人，我很开心自己做到了。”

**好想快到16岁**

另一名男生林睿（独立中四）已经是第二次参与红十字会的捐血活动。他去年担任宣传大使，负责向公众解释捐血的重要性。今年他帮忙为捐血者登记，并同他们解释捐血的程序。

他说：“我虽然‘牺牲’了一个星期六的时间，但却能和副校长、老师和同学一起完成一件有意义的事，我觉得很值得。看到他们勇敢响应捐血号召，我也好想赶快过16岁生日，这么一来，我就能跟他们一起捐血了。”

林睿（左）觉得有机会和师长及同学一起参与捐血活动，十分有意义。

独立中学的学生帮忙制作感谢卡给捐血的公众。

### 合格捐血者条件

合格捐血者要符合下列几个条件：

- \* 年龄介于16岁至60岁（未满18岁的学生须获得家长书面同意）
- \* 体重至少要达到45公斤
- \* 血红蛋白值至少要达到12.5g/dl（女）/13.0g/dl（男）
- \* 健康状况良好（过去一周没有感冒、咳嗽、流鼻涕或腹泻）
- \* 过去三周没有发烧
- \* 过去四个月没有去过任何爆发疟疾的国家

想了解更多有关捐血的详情，可浏览[www.redcross.sg](http://www.redcross.sg)。

Najmus成功克服恐惧，捐出了第一包血。

身体力行 shēn tǐ lì xíng : set an example by personally taking part    疟疾 nuò jí : malaria



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# CCA Policy

Every student must participate in at least **one** CCA throughout the student's 4/5 years in school.

Students must achieve the minimum **75%** attendance requirement.

**CCA Attendance will be included in the computation of the conduct grade.**

Absence must be accompanied by medical certificate or valid reason.



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# CCA Policy

Students are expected to take part in one of the

CCAs from the 4 groups:

Uniformed Groups  
Physical Sports  
Visual and Performing Arts  
Clubs and Societies



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# Uniformed Groups

- National Cadet Corps [Boys]
- Girl Guides [Girls]
- National Police Cadet Corps
- Red Cross Youth



*"a sister is a friend forever"*



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# Physical Sports

Shooting - Air Rifle

Taekwondo

Basketball [Boys]

Tchouckball [Girls]



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# Visual Performing Arts

Concert Band  
English Drama  
Modern Dance  
Show Choir



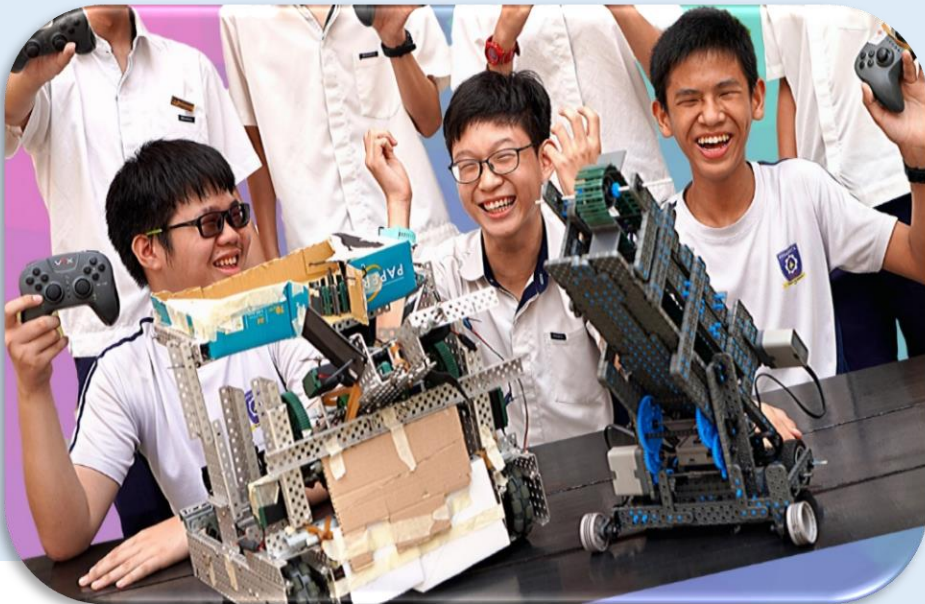
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# Clubs and Societies

## Infocomm Technology (Media Club) Robotics Club



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# CCA Days

- **Monday & Wednesday** - 3.15pm to 6.00pm

- **[For All CCAs] Friday** - 2pm to 5.30pm

\*Blended Learning in the morning & return to school for CCA in the afternoon. [Importance of continued F2F interaction]

- The CCA teachers will inform your child of the CCA schedule



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# LEAPS 2.0 Domains

**Leadership**

**Enrichment**

**Achievement**

**Participation**

**Service**

# Intent of LEAPS 2.0

Motivate students towards holistic and balanced participation through the Co-curricular programmes

Facilitate the learning of values, skills and competencies for life

Recognise diverse interest of students; developing students to be self-directed learners



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# Recognition of Students' Level of Attainment

At the end of the graduating year, students' CCA attainment will be recognised according to **EXCELLENT / GOOD / FAIR.**

The level of attainment will be converted to bonus point(s) which can be used for admission to Junior College, Polytechnics and Institutes of Technical Education.



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# LEAPS 2.0

*A Student-Centric,  
Values-Driven  
Education*

<b>Excellent</b> <b>(2 bonus points)</b>	Student who attains a <u>minimum <b>Level 3</b> in all four domains with at least a <b>Level 4</b> in one domain. (4, 3,3,3)</u>
<b>Good</b> <b>(1 bonus point)</b>	Student who attains a minimum Level 1 in all four domains with any one of the following: i. At least Level 2 in three domains; <b>(2,2,2,1)</b> ii. At least Level 2 in one domain and at least Level 3 in another domain <b>(2,3,1,1)</b> ; or iii. At least Level 4 in one domain. <b>(1,1,1,4)</b>
<b>Fair</b>	Student's attainment in co-curricular will not translate into any bonus points.



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Level of Attainment				Bonus Points
Leadership	Achievement	Participation	Service	
4	4	3	4	2

**Leadership**

Leadership Development	Involvement Name	Year	Level of Attainment
SCHOOL APPOINTMENT	Senior Councillor	2021	4
SCHOOL APPOINTMENT	Senior Councillor	2020	4
SCHOOL APPOINTMENT	Junior Councillor	2019	2

**Enrichment**

Area	Activity	Year
SELF-MANAGEMENT AND SOCIAL SKILLS	Resume Writing and Interview Skills Workshop	2021
CITIZENSHIP	History Investigation to Former Ford Factory	2019
	International Friendship Day	2019
	National Day	2019
PHYSICAL ACTIVITIES AND SPORTS	Total Defence Day	2019
	Introduction to Aikido	2019
	Introduction to Archery	2019
CITIZENSHIP	Sports Carnival	2019
	Katong Trail	2018
	Learning Journey to National Museum	2018
	National Day	2018
	Racial Harmony Day	2018
SELF-MANAGEMENT AND SOCIAL SKILLS	Total Defence Day	2018
	Inter-UG Activity/ Sharing of Skills Initiative: Gadget Making	2018
	Inter-UG Activity/ Sharing of Skills Initiative: Outdoor Cooking	2018
	Sec 1 Orientation Camp	2018
PHYSICAL ACTIVITIES AND SPORTS	Sports Carnival	2018

**Achievement**

CCA Name/Area of Achievement	Event/Competition	Involvement Name	Year	Level of Attainment
MODERN DANCE	CCA Experiential Day	Represented CCA at Intra-School Event	2021	1
	Performance for Chinese New Year Celebration	Represented CCA at Intra-School Event	2021	1
	Singapore Youth Festival	Represented School at SYF Arts Presentation and obtained	2021	4

Sample of '**EXCELLENT**' CCA Certificate

Leadership : 4

Achievement : 4

Participation : 3

Service : 4

2 Bonus Points

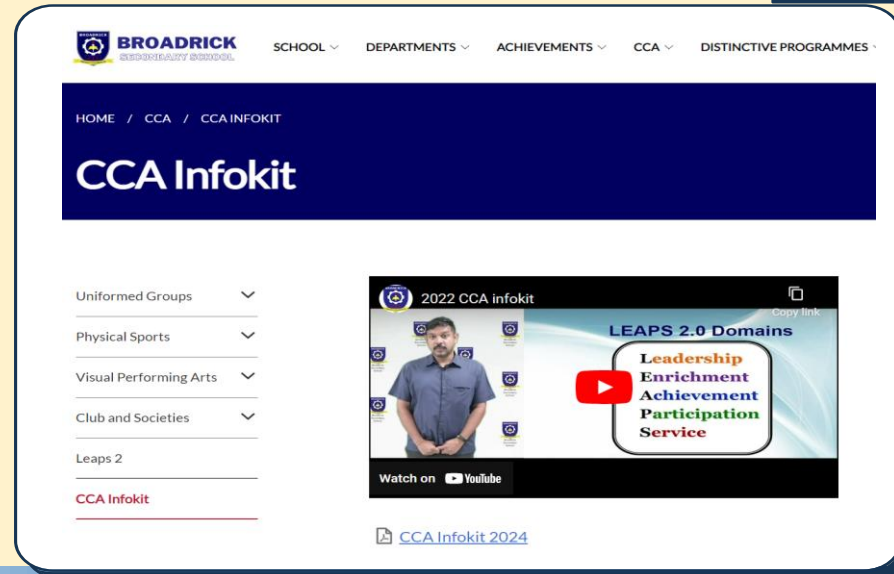
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# Need more Information on LEAPS 2.0?



## School Website



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# What can I do as a Parent?

**Check** on your Child's participation and Well-being in their CCA.

**Connect** with the teachers of your child's CCA.

**Applaud** your child's effort in their CCA.



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# Supporting the **Holistic Development** of my Child

*What kind of person does my child want to be?*

*How can I reinforce my child's learning of values and life skills in his /her Co-Curricular Programmes?*

*How does my child want to pursue this development?*

*What are the possible opportunities that can help support this development?*

*What is my child interested in?*

*What is my child good at?*

*Is my child able to cope?*

*How can I help to support him/her in the learning pursuits?*



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# Sec 1 CCA Information

T1W2	12 Jan Friday	CCA OPEN HOUSE
T1 Wk 3 – 4	15 to 25 Jan	CCA Trials [Conducted during the Morning Whitespace]
T1W5	1 Feb Thursday	CCA Selection Day [Conducted during the Morning Whitespace]
T1W6	7 Feb Wednesday	Release of finalised CCA results and Commencement of CCAs for Sec 1



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# CCA Allocation

**Our Guiding Principle is to find the best fit CCA for every Broadrician**

CCA Selection: Students will rank their 5 choices

\*Not every student will receive their 1<sup>st</sup> choice\*

- Priority will be given to students who chose Broadrick as 1<sup>st</sup> Choice
- Subjected to **Passing the CCA trial** [Sports & Performing Arts]
- CCA in Primary School
- **Membership Quota per CCA**



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# Special Interest Groups \*Optional\*

Offer Broadricians with a multitude of Rich & Diverse Student Development Experiences



**THE STRAITS TIMES**



CRICKET  
FOOTBALL  
TOUCH RUGBY  
ULTIMATE FRISBEE  
VOLLEYBALL  
  
SONG WRITING  
POP MUSIC (BAND)



Broadrick Secondary School's cricket team was formed only in April with most players having no prior experience in cricket. PHOTO: COURTESY OF S SIVALINGAM



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# Feedback



Contact Email:

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