

COMMUNICATION SKILLS



How will ***YOU***
communicate with each
other today?

Will you achieve the following?:

- *Have a good discussion*
- Understand each other's point of view
- **Make a decision together**

**OR WILL YOU END UP
DOING THE OPPOSITE?**



NOT COMMUNICATING...

- Too many instructions
- Showing disrespect
- Scolding and nagging
- Not listening to each other
- Not trusting each other's point of view

**It doesn't have to be
this way!**



PARENTS' POINT OF VIEW

- I **love** you and want to teach or help you.
- You are **too young** to know what is best for you
- Listen to me and follow ***my advice***
- I have **experience** and **information** compared to you

YOU DON'T KNOW WHATS GOOD FOR YOU



CHILD'S POINT OF VIEW

- I know what I **like** and I hate studying/doing this.....!
- **YOU** always get to decide and **never include me** in decision making
- I will try but if I **fail** its your fault!
- Life is so unfair!!! And boring!!!
- I don't like school

SO UNFAIR!!!



HOW TO COMMUNICATE SUCCESSFULLY

RULE NO.1: RESPECT

- Use this chance to have a **respectful** discussion with each other
- Show interest in **each other's ideas** and choices and **explain your choices**
- The discussion should be factual and **logical**, not emotional
- Remember – parents still get to make the **final decision**

KEEP COMMUNICATING!!!



HOW TO COMMUNICATE SUCCESSFULLY

RULE NO.2: DECISION MAKING

- Go through the exercise of making a choice, *step by step*
- Remember there is no **WRONG** and **RIGHT** choice – there are ***DIFFERENT*** choices
- Parents, show that you **understand your child** – their strengths & weaknesses, character & personality
- Discuss choices and ***consequences***

KEEP COMMUNICATING!!!



GOOD LUCK!!