



Sec 1 Outdoor Adventure Camp

DAIRY FARM
OUTDOOR
ADVENTURE
LEARNING CENTER



Ministry of Education
Dairy Farm Outdoor Adventure
Learning Centre
30 Dairy Farm Road 2872058



Content Overview

1. What is the purpose of the Outdoor Adventure Camp?
2. What will my child/ward learn from the programme?
3. What activities will my child/ward be doing during the camp?
4. What are the safety measures for my child/ward during the camp?
5. Camp administrative matters
6. Questions and Answer.



A Holistic Education

- MOE wants every child to experience a holistic education so as to develop well-rounded individuals.
- Outdoor Education (OE) provides rich learning experiences outside the classroom that can help our students develop holistically, building up their resilience and ruggedness.
- Many of these experiences cannot be replicated in the classroom, but are very important to help our students develop 21st century competencies as well as competencies for sustainable active and healthy living.



Implementation of CCE 2021

- Key Student Development Experiences (SDEs) provide students with rich and authentic opportunities for CCE beyond the classroom.
- Outdoor Adventure Learning Cohort Camps are identified as key SDEs.
- Every student will experience two outdoor adventure learning cohort camps at Secondary School
- Secondary 1: School Cohort Camp
- Secondary 3: MOE-OBS Challenge Programme



Outdoor Adventure Learning Experiences for ALL

Lower Primary	Upper Primary	Lower Secondary	Upper Secondary
<p>Outdoor Education in Physical Education Curriculum</p> <ul style="list-style-type: none"> • Outdoor skills • Outdoor safety • Sense of place <p>Programme for Active Learning</p> <ul style="list-style-type: none"> • Outdoor experiences • Curiosity 	<p>Outdoor Education in Physical Education Curriculum</p> <ul style="list-style-type: none"> • Outdoor skills • Outdoor safety • Sense of place 		
	<p>3D2N Cohort Camp</p>	<p>4D3N Cohort Camp</p>	<p>5D4N Multi-School Cohort Camp in OBS</p>
	<p>Cohort Camp Objectives</p> <ul style="list-style-type: none"> • Build confidence and resilience • Value diversity through in-depth interaction opportunities • Forge camaraderie through common challenging experiences <ul style="list-style-type: none"> • Develop a sense of place • Lay a foundation for active and healthy living 		



Established Camp Goals

	Self	Others	Environment
What we want to achieve	<p>Develop self-awareness and self-management skills to achieve personal well-being</p> <p>To think reflectively and creatively</p> <p>Resilience</p>	<p>Develop social awareness and manage relationships for one's social wellbeing</p> <p>To communicate and collaborate effectively</p> <p>Respect</p>	<p>Connect with the community and the environment</p> <p>Care</p>
Strategies	<p>Back to basics</p> <p>Individual autonomy and empowerment</p> <p>Self-reflection</p> <p>Physical and mental challenges</p>	<p>Communal living</p> <p>Collaborative tasks and challenges</p> <p>Group autonomy and empowerment</p> <p>Positive, supportive and safe environment</p>	<p>Nature appreciation</p> <p>Place-based learning</p> <p>Environmentally sustainable practices</p>

Performance Tasks

	Upper Primary	Lower Secondary	Upper Secondary
Journey	<p><u>Half-day</u> journey with support and supervision</p> <ul style="list-style-type: none"> • Packing • Looking out for others and self 	<p><u>Full-day</u> journey with support and supervision</p> <ul style="list-style-type: none"> • Logistics planning and packing • Trail nutrition • Identify hazards and suggest mitigation strategies 	<p><u>Overnight</u> journey with minimum supervision and greater autonomy for decision making</p> <ul style="list-style-type: none"> • Packing for an expedition • Trail nutrition • Shelter building • Identify hazards, recognise severity and likelihood of occurrence and suggest mitigation strategies • Kayaking / Cycling
Outdoor Cooking	Preparation of dessert or snack (PAL)	Cook lunch or dinner	Plan menu Cook lunch or dinner
Navigation	Plan and navigate using pictorial chart	Plan and navigate using map	Plan and navigate using map and compass



MOE Outdoor Adventure Educators (OAEs)

- Full-time staff to facilitate learning
- Stringent selection criteria and process
- 4 months of rigorous training



MOE Outdoor Adventure Educators

- Competencies in skills
 - Safety skills
 - CPR + Wilderness First Aid
 - Risk Assessment & Management System (RAMS)
 - Technical skills
 - Environmental skills
 - Instructional and organizational skills
 - Expedition Planning & Management
 - Group Management
 - Facilitation skills



3 Day Non- Residential Camp Programme and Activities (Term2 Week 9)

Thursday 20 May 2021

Friday 21 May 2021

Saturday 22 May 2021



Sample Programme

Day 1

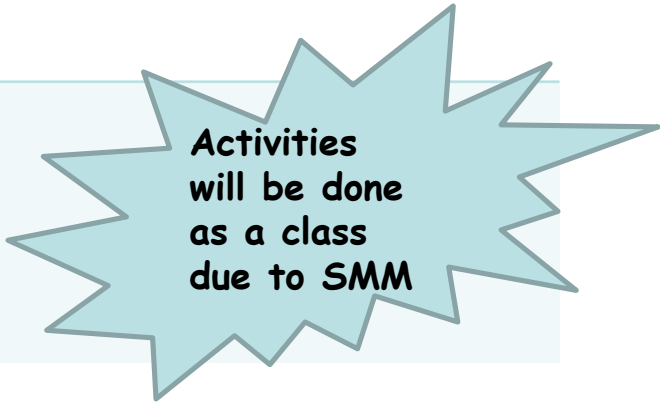
Ice breakers games
Team building activities
Outdoor skills
Reflection

Day 2

Low elements
Hiking
Mini campfire
Reflection

Day 3

Consolidation
Celebration
Area Cleaning



**Activities
will be done
as a class
due to SMM**



Activities

At Dairy Farm Adventure Centre

Low
Elements

Team
Building

Longkang
Fishing

Navigation

Trekking
Journeys



Initiate



Navigation and Map Reading



Planning for the journey ahead

Dairy Farm Quarry



Rail Road

Quarries



Bonding Session



What are the safety measures for my child during the outdoor camp?

Risk Management

- **Competent and qualified, full-time MOE Instructors who are Teachers and Allied Educators who are seconded to the MOE Outdoor Education Branch**
- **Group size of 8 students per instructor**
- **Dedicated, professional medical staff on standby**
- **MOE Campsites have robust safety monitoring system and evacuation plan for emergencies**



What are the SMM in place for the camp?

MOE adopts strict adherence to safe distancing and safe management measures for conduct and participation of outdoor activities in accordance to prevailing Covid-19 situation and guidelines from national governing and advisory bodies. Some examples are:

- i. Participants will undergo temperature screening at designated reporting points, with visual markers for safe distancing
- ii. Staggered movement will be implemented for large groups
- iii. Twice a day temperature taking in the morning and at lunch time
- iv. Face masks are to be worn at all times and must maintain a safe distance of 1 metre from each other at all times
- v. Maintain a safe distance of 2 metres from each other when face masks cannot be worn during strenuous activities



What if my child is unwell or injured during the camp?

- Please check each morning on the well-being of your child/ward. If they are unwell, please bring them to see a doctor.
- If your child/ward is unwell during the camp and unable to continue with the programme, you will need to pick them up from MOE Dairy Farm OALC and bring them to see a doctor.
- If your child/ward is injured during the camp, they will be attended to by the medical staff on duty. If they need to be sent to a clinic or hospital for further diagnosis or treatment, parents will be notified and required to meet us at the clinic / hospital.



How can you help prepare your child for this camp?

- Share **purpose** of the programme & motivate him/her
- Encourage your child to **maintain a positive outlook**
- **Be receptive** to advice and feedback
- Be brave in facing the unknown and stepping out of his/her comfort zone to take on new challenges
- **Role model** what it means to lead a healthy lifestyle
- Bring your child outdoors and exercise with him/her
- **Have fun** and enjoy the whole experience!

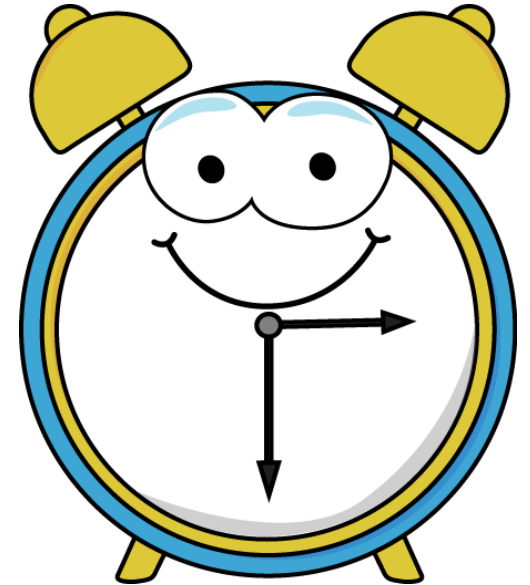


Camp Administrative Matters



Reporting Time to School

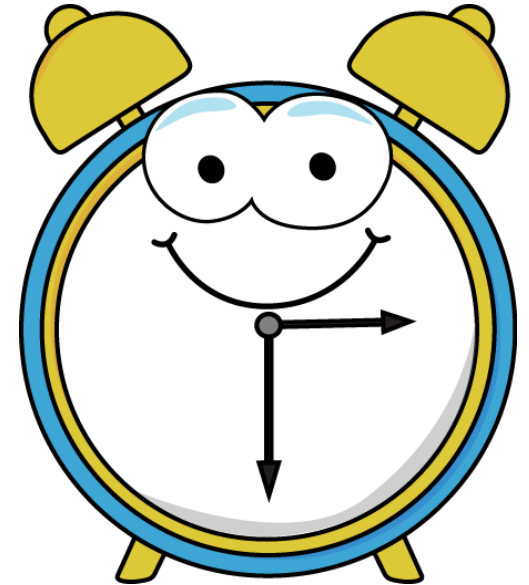
- Date: 20, 21, 22 May
- Time: 7.00am



Dismissal Time from School

- Date: 20 & 21 May
- Time: 5.30pm

- Date: 22 May
- Time: 4.30pm



Packing List



A. COMPULSORY ITEMS	QUANTITY
School PE T-shirt to be worn on the day	1
School PE Shorts to be worn on the day	1
Track Pants (for trekking tight jeans not recommended)	1
Covered sports shoes (- not Crocs sandals/slippers) to be worn	1 pair
Socks must worn	1
Small hand Towel	
Personal medication (including inhalers and spare canisters) - declare to teacher	1
Face Mask to be worn and bring 1 spare	2
Personal Hand sanitiser	1
Insect repellent / plasters and ointment for insect bites (No mosquito patch)	1



Packing List



A. COMPULSORY ITEMS	QUANTITY
Day Pack to carry all personal items (with proper shoulder support)	1
Non-disposable water bottle/s (at least 1-litre or bring multiple bottles)	1-2
Thermometer (for temp taking after lunch)	1
Raincoat / poncho / waterproof jacket with hood	1
<i>Resealable plastic bag to store personal mask (Used during meals, etc)</i>	1
Writing Pen (for reflection in any school worksheet/booklet)	1
Sun Protection - sunblock, hat/cap	1

Full packing list will be sent closer to the camp date.



Contact Details

- 1. Mr Neelan
(aathi_neelan_ganesan@moe.edu.sg)
- 2. Mr Gideon Loh
(loh_shunheng_gideon@moe.edu.sg)
- 3. Your child's/ward Form Teacher

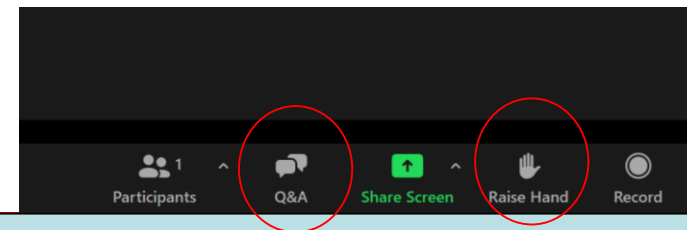
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Question and Answers



- You can post your questions using the Q&A function, located near the bottom of your screen, throughout the sharing.
- Use “Raise Hand 🙋” function if you like to ask question(s) or give comments verbally during the Q & A scheduled at the end of each sharing
- When you are invited to speak, please unmute, identify yourself (parents from which class), test the volume before you speak.



Thank You

